

RED ONION

Burgers, BBQ & more



The most ambitious FAST and CASUAL menu served in Mountlake Terrace. The Red Onion Restaurant is Bigger, Better and Fresher. From big and juicy burgers to all white meat chicken, fresh tossed salads, housemade BBQ and weight watcher alternatives. We counter your craving. *The Red Onion is committed to a clean environment, with exceptional service at the same time giving back to your local community. We feature local favorites such as Double D Meats and Big E Brewery. We are a proud sponsor of Tour de Terrace and host MLT Easter Egg Hunt, MLT Trunk R Treat and SHOP with a COP.*

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TRIUMPH OVER THIRST

Coke, Diet Coke, Sprite, Mr. Pibb, Orange, Lemonade	1.79	Sport Top Bottled Water	.99
Hand Dipped Milk Shakes	20oz 4.55 16oz 3.95	Fresh Brewed Blend Coffee	1.79
Micro Brew Big E Root Beer	2.50	Steaming Hot Cider	1.79
Fresh Brewed Iced Tea	1.79	Steaming Hot Herbed Tea	1.79
Freckled Strawberry Lemonade	2.50	Nestle Hot Chocolate	1.79
BIG E Root Beer or Coke Float	16oz 3.97	Take Home a Growler of BIG E Root Beer	Jan 3.00 fill up 4.25
Beers on Tap and Bottled Beers		Wine Menu and Wine Coolers	
BIG E Beer on Tap	4.25	House Chardonnay	5.00
Non Alcoholic Beer	3.50	House CabMerlot	5.00
Bud or Bud Light	3.50	House White Zinfandel	5.00
Corona / Hefeweizen	3.75	Wine Cooler	3.75

ADD A SIDEKICK

Seasoned Crispy Fries	1.89
I Yam Sweet Potato Fries	1.89
Lord of the Golden Onion Rings	1.89
Couch Potato Tater Tots	1.89
Healthy Choice Side Salad	1.89
Healthy Choice Fresh Fruit	1.89
Battered whole roasted "Shrooms"	1.89
Creamy Mac and Cheese	1.89
Spicy Baja Chili with cheddar	1.89
Smoked Bacon Clam Chowder	1.89
Ranch Fry Sauce, Tartar Fry Sauce or Kick Ass Fry Sauce	.25

OUR COMMITMENT TO BURGERS

Burgers sizzled to lock in the flavor to medium well. Most burgers are served on a sweet onion garlic bun with lettuce, tomato and 1000 island sauce, unless otherwise stated. Sesame Seed Bun or Lettuce Wrap any burger upon request. You can also sub any burger with chicken, burger patty or veggie patty except cheeseburger babies.

CheeseBurger Babies Slammer's

Slam back these tasty bite sized babies - loaded with cheddar, ketchup, mustard and dill pickle to cover all four bases Single 1.50 Trio 3.99 6 pack 6.99 12 pack 12.99

Cheese Burger in Paradise

Single patty layered with melted cheddar 4.99

The RED ONION BACONATOR

2 patties, D/D meats crispy Bacon with swiss, provolone and cheddar 5.99

GLUTEN FREE Sensitive Burger

This burger is gluten free by losing the bun, Same burger as the Baconator 5.99

E-z Squeazy Triple Cheese

2 patties with swiss, provolone and cheddar 5.47

"Weight Watchers" LOW CARB LETTUCE WRAP

Lose the bun and wrap our delicious BACONATOR in a leaf lettuce wrap. Lo carbs more flavor 5.99

Thundering Hooves Habanero Burger

2 patties, peperjack, kick ass sauce, jalapeno's and HABANERO 5.99

Farmer's Market Broken Yolk Burger

created in the tradition of the home town farmers market with DD bacon, broken fried egg and melted cheddar 5.99

Chili Chili Bang Bang Burger

Single burger topped with heated chili and shredded cheddar 5.99

Steak House Peppercorn Burger

2 Patties, steak sauce, DD crispy bacon and pepper jack cheese 5.99

Holy Moly Guacamole Burger

Crispy bacon, guacamole & pepper jack 5.99

Got the Black & Blues Burger

Spicy cajun, bacon & blue cheese crumbles 5.99

MUNCH TIME TASTERS & TIDBITS

A Winning Spinach and Artichoke Fiesta Dip	
Heated spinach and artichokes, blended cheeses, pico de galo, and sour cream served with tortilla chips	3.99
B-52 Bomber Chicken Wings	
A hand breaded first place taste, Served with celery and Kick Ass Sauce	18/12.95 12/ 8.95 8 / 6.95 4 / 3.99
Terrace Tri-Fecta Fried Bacon	
D/D bacon, Big E Tempura, Red Onion kick ass sauce	3.99
Lightly Fried Pickles	
dipped in tempura, dusted in seasoned flour served with kick ass sauce	3.99
Triple Topped Tatar Tots	
loaded with bacon, melted cheddar and sour cream	3.99
Ball Park Garlic Fries	
topped with heated garlic and parmesan cheese	3.99
Tower of Golden Onion Rings	
served with tarter sauce	3.99
Bucket of Deep Fried Clam Strips	
A bucket of clam strips served atop a bed of lettuce served with tartar	3.99
Rings, Wings & Other Things	
An All Star Treat. golden onion rings, B-52 bomber chicken wings, and spinach and artichoke fiesta dip with chips	7.95

PROFILE BURGER BAR

BUILD YOUR OWN BURGER ALL CHOICES ARE FREE
 Compliments of Facebook.com/redonionburgers
Pick your URL (Burger Bun) Choice of Garlic Onion Bun, Sesame Seed Bun or Lettuce Leaf
About Me (Choice of one Entree Patty) Burger, Chicken, Garden, BBQ Pulled Pork
Choose Your Status (Choice of one Cheese) Cheddar, Swiss, Pepperjack, Parmesan
Edit Your Profile (add up to 5 choices)

1000 Island	Catsup	Honey Mustard	Kick Ass	Bar-B-Que
Steak Sauce	Red Onion Jam	Crispy Lettuce	Tomato	Dill Pickles
Red Onions	Jalapenos	Mushrooms	Mixed Peppers	Bacon

Red's Major Triple By Pass
 A heart attack on a plate served with 3 layers of beef patties, lightly fried DD Meats bacon and melted cheddar served on a sesame seed bun. 7.99

Honey Mustard Chicken Burger	Tempura chicken, bacon, guacamole & swiss 5.99	"Miami Heat" Chicken Burger	Grilled chicken, pineapple, teriyaki and swiss 5.99
"Me" want CaveMan Pulled Pork BBQ Burger	BBQ pulled pork burger with onion ring, melted swiss dill pickles. You will want to lick your elbows 5.99	Meatless "VEGGIE" Burger	with parmesan guacamole and sweet grilled red onions served on a thin cut bagel 5.99
Our Original Low Fat ... Boneless/Skinless BBQ Chicken Burger			
Sautéed Chicken served with our mouthwatering BBQ sauce and a hint of cheddar served on a thin cut bagel 5.99			
Lightly Fried Cod Father Burger	Tempura white fish fillets served with housemade tarter and to lure you in 5.99	RingTail Bacon Mushroom Burger	with crispy bacon, onion rings, sautéed mushrooms and melted swiss 5.99
Blackened Salmon Burger	Spicy cajun seasoning and signature tartar 5.99	Boneless Buffalo Ranch Chicken Burger	With pepper jack and kick ass sauce 5.99
The "Hawk" Dawg Burger	With crispy corn dog, swiss, and mustard 5.99	Sauteed Red Onion's "MINOR" Cheddar Burger	With grilled onions, cheddar on sesame bun 5.29
Front Page News Country Fried Steak Burger	Lightly fried tempura patty with Pulitzer Prize Country Sausage Gravy 5.99	Hard Hat Bacon Burger	This double patty burger is built between 2 grilled cheese sandwiches 6.97
Social Media Roasted Garlic Chicken Breast Burger			
with piped in Red Onion Garlic Mayo Jam (because you cannot get on f/b without hearing about the Red Onion) 5.99			

All substitutes politely declined. We reserve the right to refuse service. No outside food or beverages. Eating raw or undercooked meats, poultry, eggs, fish or shellfish, increase your risk of food bourne illness, if you are a young child or an older adult. Thank you for your Continued Support.

FLAT BREAD MELTS

Tangy Sweet & Sour Teriyaki Chicken Melt Sautéed chicken, peppers, pineapple and melted swiss	5.97
Signature Heated Roast Beef BLT Melt With smoked bacon, swiss, savory horseradish plus fresh "L" and "T"	6.97
Heated Ranch Charlie Tuna Melt Albacore Tuna and sliced egg mix with lettuce, diced tomato and cheddar	6.97
Guacamole Chicken Cheddar Melt with crispy bacon, shredded cheddar, crispy lettuce and diced tomatoes	5.97
Blackened White Fish Taco Melt Spicy fish w/ housemade tartar, fresh lettuce, tomatoes & melted cheddar	6.97
Philly Cheese Steak Swiss Melt Piled high steak meat with sautéed peppers, onions and mushrooms	6.97
South of the Boarder Taco Melt Taco meat, pepper jack, pico de galo, lettuce, tomato and sour cream	5.97
Grilled Three Cheese Tomato Melt Grown up grilled cheese with Cheddar, pepperjack, swiss and red tomato	5.97

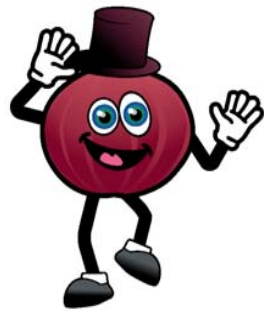
LIGHTLY FRIED EXPRESS PLATTERS

BBQ Chicken Po Boy and Friends Mini BBQ chicken burger w. popcorn shrimp & spinach and artichoke fiesta dip	8.95
Big E Beer Battered Fish & Chips with honey mustard cole slaw, housemade tartar, sliced lemon, and crispy fries	2 piece 7.95 3 piece 9.95
Oceans 13 Popcorn Shrimp Basket A half pound of popcorn shrimp served w. tartar, honey mustard cole slaw and sliced lemon	8.97
Southern Style Chicken Strips Basket 3 piece lightly fried seasoned chicken breast served with Bar-B-Que, and Honey Mustard Cole Slaw	7.95
Deep Sea Captain's Platter Beer battered cod, clam strips, popcorn shrimp served with Honey mustard cole slaw and fresh lemon	9.95

GARZIN GREENS and FRESH HOMEMADE SOUPS

Salads include mandarin oranges, black olives, red tomatoes and fresh diced mushrooms with choice of dressing

Spicy Baja Chili or Smoked Bacon Clam Chowder	Cup 2.95	Crock 4.95
Soup and Salad COMBO	cup of Baja Chili or Clam Chowder and sidekick of Salad with choice of dressing 4.49	
American Chopped Salad	Sliced ham, turkey, chopped egg, swiss and cheddar served with choice of dressing served with flat bread 7.97	
Chicken, Cranberry and Walnut Salad	served with blue cheese crumbles and raspberry vinaigrette served with flat bread 7.97	
Blacken White Fish Spinach Salad	served in a crispy tortilla shell with shaved parmesan and lo fat raspberry vinaigrette 7.97	
Honey Mustard Chicken Fajita Salad	Southern fried crispy chicken, peppers and cheddar served w. honey mustard and guacamole 7.97	



3.97 TASTY TRIO VALUE MEALS

Served anytime

- #1 **Cheese Burger Babies Slammer**
2 mini cheeseburgers with ketchup, mustard and pickle, small fry and 16 oz fountain drink
- #2 **Fiesta Chicken BBQ Burger**
Lightly fried fiesta chicken with lettuce and Bar-b-Que, small fry and 16 oz fountain drink
- #3 **Healthy Choice Sautéed Chicken Salad**
With tomatoes, mushrooms, mandarin oranges choice of dressing and 16 oz Iced Tea
- #4 **Crispy Popcorn Shrimp**
With housemade tartar sauce, small fry and 16oz fountain soft drink

GIVE INTO YOUR SNACK ATTACK

Cheeseburger Baby, $\frac{1}{4}$ pound of Pop Corn Shrimp and choice of sidekick 6.99

GOOD EATS and BAR B-QUE

D/D Meats Braut served with mustard	3.99
D/D Meats Chili Braut served with cheddar and red onions	4.97
D/D Meats Mac and Chili Braut Brawl Mac and cheese nestled next to a pool of baja chili, topped with heated braut and melted cheddar	7.95
Two Fisted Prime Rib Dip with sautéed mushrooms, cheddar & red wine au jus	6.97
The Ultimate Ham, Turkey and Cranberry Klub A flavor you can't refuse. Piled high with ham, turkey, bacon, lettuce, tomatoes, cranberry, swiss and ranch	6.97
Sautéed Garlic Chicken Alfredo Garlic infused chicken with creamy penne alfredo, sautéed mushrooms a sprinkle of parmesan served with flat bread. 7.95	
Cave Man Boneless Pork Rib BBQ Sandwich Full flavored festival for your mouth. Boneless pork rib topped with, dill pickles, red onions and signature BBQ	5.97
Slow Roasted Pulled Pork Bar-b-Que Cuban Sandwich Pulled pork and grilled ham topped with dill pickles horsey sauce and swiss	6.99
BBQ Chicken Cheesy Bread Boat A mess of delicious w. cheesy mac and cheese smothered in Bar b Que baked in crispy bread to a creamy perfection	7.97
A Classic Twist - BBQ Ruebon Sandwich Features tender and tasty sliced beef, smooth Swiss, tartness of sauerkraut with a kick of BBQ zest.	6.95
18 hour Slow Roasted BBQ Beef Briskit Our Briskit is so tender you won't dirty your knife. Cradle this baby w. provolone and honey mustard cole slaw	7.99
Fall off the Bone's Pork Ribs Our famous ribs, tender and tasty fall right off the bone. Basted with our BBQ sauce served with smoky beans, corn on the cob and fresh watermelon	5 bones 11.97 3 bones 8.95
Hearty BBQ meets High Sea's Our famous ribs meet deep fried popcorn shrimp served with signature tarter sauce, smoky beans, corn on the cob and fresh watermelon	3 bones and $\frac{1}{4}$ # of Shrimp 10.95
Famous Ribs and Chicken Wing Combo Our famous ribs combined with our buffalo wings served with smoky beans, corn on the cob and fresh watermelon.	3 bones and 4 wings 11.95



ORDER YOUR CAKES TODAY!

the INTIMIDATOR CHALLENGE

is not for the weak of heart, whimps or whiners. This burger is loaded with 6 / $\frac{1}{4}$ pound burgers, greens, tomatoes, 1000 Island, mac and cheese, spicy baja chili and a half pound of fries. The rules are no sharing, your plate must be clean and only one wall of fame. If your picture is on the wall of shame, you can redeem yourself and try again. If you finish the challenge @ the restaurant within 30 minutes your meal is on us and we will place your picture on the Wall of Fame. If not - your picture will be placed on the Wall of Shame and cost you 12.97. Bring it on, dude.

